

NEWSNOTES

Soldier Show headed for Dix

The 2006 U.S. Army Soldier Show will take the stage at Timmermann Center Oct. 24 and 25 at 7 p.m. Performances are open to the public.

The show is a high-energy 90-minute live musical review showcasing the talents of active duty Soldiers who are selected by audition from throughout the Army. They are amateur artists who have a passion for music, dance and performing. They come from infantry, transportation, military police, medical, intelligence, aviation, signal and other tactical units. The show is assembled in six weeks, and then tours for 6 1/2 months.

New cast members are selected each year. Aspiring Soldiers worldwide submit application packages that include videotapes, biographies, photographs, and letters of recommendation from their commanders. Soldiers must have an outstanding record in their units as well as demonstrate musicality, movement, stage presence, and versatility.

Soldier Show artistic staff, U.S. Army Community and Family Support Center directors, Soldier peers, and selected senior Army leaders form an audition panel that screens all entries. There were some 200 applications for 17 performer spots in the 2006 show.

Doyle Cemetery in need of volunteers

Doyle Cemetery is enlisting the support of community volunteers, Scouting groups, veteran service organizations, youth groups and other interested individuals for outreach and education. Interested parties should call retired Marine Corps 1st Sgt. Iven C. Dumas, assistant superintendent, at 758-7250, extension 17, or send e-mail to Iven.Dumas@njdmva.va.state.nj.us.

Christian women to hold study group discussion

The Fort Dix Christian Women of the Chapel are sponsoring a study group discussion Oct. 10 at 7 p.m. in the fellowship hall. The discussion will be led by Christian speaker Kami Bankole and is open to the community. Regularly scheduled Bible Study for that day is cancelled.

Lunch and Learn Series schedule set for October

The Fort Dix Family Advocacy Program will hold its Lunch and Learn Series in October on Thursdays from 11:30 a.m. to 12:30 p.m. in Bldg. 2430 Third Street on McGuire Air Force Base.

The series is available to the Fort Dix/McGuire AFB/Lakehurst NAES and is scheduled as follows:

- Oct. 12 -- When Siblings Hurt Each Other
- Oct. 19 -- Impact of Media Violence on Child Behavior
- Oct. 26 -- Fun Activities for Autumn

For more information or to register, call Deraunah Wilson, FAP educator, at 562-4830. And don't forget to bring your lunch!

WEATHER

FRIDAY -- Mostly cloudy with a chance of rain, high 59. Chance of rain continues overnight, low near 40 degrees.

SATURDAY -- Partly cloudy with a slight chance of rain. The high will be near 62 degrees. Cloudy overnight with a low around 39 degrees.

SUNDAY -- Partly cloudy during the day with a high near 71 degrees. Mostly clear overnight with a low of 53.

MONDAY -- Partly sunny with a high around 70 degrees. Clouds overnight with a low of near 55 degrees.

TUESDAY -- Sunny with a high near 68 and a low of 50.

New command moves to Dix

HEADQUARTERS, 99th REGIONAL READINESS COMMAND, COR - AOPOLIS, Pa. - If it's true that every journey of a thousand miles begins with the first step, then the step taken at Fort Dix September 30 will indeed mark the beginning of the Army Reserve's ambitious transformation plan first revealed in 2005.

Maj. Gen. William Monk III, who was selected as the new commander for the emerging 99th Regional Readiness Sustainment Command (RRSC), hosted a ceremony on Sharp Field unveiling the sign for Building 5522 - the temporary "home" that will provide the command's first footprint forward in the process that will alter the structure of the Army Reserve's organizational structure.

"We are here today to commemorate what might appear to some to be a rela-

tively minor act - unveiling a sign signifying a building that will temporarily serve as the first forward element of our emerging organization as the 99th Regional Readiness Sustainment Command," said Monk. "It is the symbolism of this event that is what is so important - the symbolism that represents forward momentum, and the symbolism that the wheels of transformation are indeed turning.

"We are proud to be located at Fort Dix, an installation with a warrior heart," Monk added.

Under the Army Reserve Transformation Plan, created and directed from the Office of the Chief, Army Reserve, the component's current 10 regional readiness commands will disestablish and be replaced by four regional readiness sustainment commands.

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Jack Gordon

FIRST FOOTPRINT FORWARD -- Maj. Generals Antonio Taguba, Deputy Commander for Transformation and Transition, US Army Reserve, and William Monk III unveil the new unit's first sign in a Sept. 30 ceremony on Sharp Field.

Main Gate named for local hero

Family joins in ceremony memorializing Spc. Spakosky

With the sparkle of sunlight and the snap of flags in the breeze as a backdrop, Fort Dix honored a local hero Sept. 28 by naming the Main Gate in his honor.

Friends and family of Spc. Philip I. Spakosky gathered at the checkpoint on Route 68 for the memorialization.

Spakosky was killed by a sniper in Karbala, Iraq, May 14, 2004, while serving with 1st Battalion, 37th Armor Regiment, 1st Armored Division.

"We have mourned his loss for more than two years, and we will continue," said Col. David McNeil, Fort Dix commander. "But that is not our purpose today. We are here to celebrate with Phil stood for, and his legacy that lives on."

Maj. Gen. Alan Bell, deputy commander, USARC, Operations, Readiness, Training and Mobilization, said it was an honor to join in the ceremony. "Spc. Spakosky exemplified what it meant to be a patriot and a warrior," he said. "He lived the Army values and he lived the warrior ethos."

Spakosky's uncle, Glenn Good, spoke about his nephew's connection.

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Ed Mungin

THROUGH THE GATE -- Mariah Spakosky walks with Maj. Gen. Alan Bell and her mother Lakisha to view a plaque memorializing the main Fort Dix gate in honor of her father, Spc. Philip Spakosky, in a ceremony Sept. 28.

Employee tests positive for rabies

Jennifer M. McCarthy Public Affairs Staff

While helping animals in distress may be a nice thing to do, it may have dangerous consequences.

One Fort Dix contract employee found this out last month when he tested positive for rabies after having been bitten by one of the numerous feral cats that call the post home.

According to Capt. Laura Landman, Fort Dix veterinarian, the employee was bitten by the cat while trying to help the sick animal. The man sought treatment for the wound and the next day located the cat near the Doughboy Inn on 10th Street. The animal had already succumbed to the disease and died.

The feline's remains were sent to the Food Analysis and Diagnostic Lab at Fort Sam Houston, Texas, where it tested positive for the virus. Within 48 hours of testing, the employee was informed of the positive results. While rabies is almost always fatal in animals, there is a vaccine available for humans if administered soon enough. The employee is expected to recover.

"This is the first time a cat has tested positive on base since I have been here," said Landman.

Rabies is a viral infection that affects the nervous system. It is spread through the saliva of an infected animal. Affected animals often behave strangely after the virus attacks their brains. Rabid animals may attack peo-

ple or other animals for no reason, or they may lose their fear of people and seem to be unnaturally friendly. Normally nocturnal animals such as raccoons may be seen in daylight.

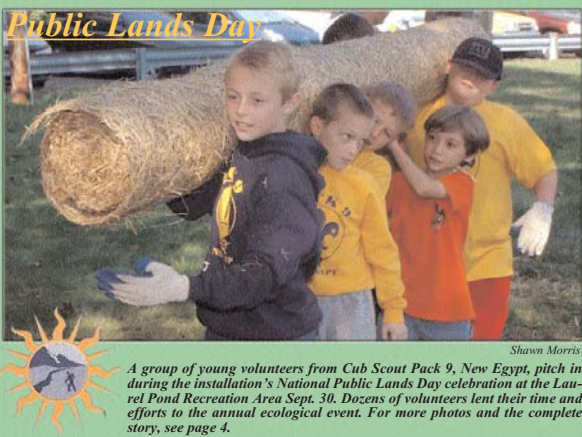
Not all rabid animals act in these ways, however, so contact with all wild

animals should be avoided, especially raccoons, skunks, bats and foxes. Stray cats and dogs should also not be fed or touched. Anyone who has been bitten or scratched by an animal they suspect may have rabies should immediately wash the bitten area with soap and hot

water for at least 10 minutes.

Afterward they should contact their healthcare provider to determine what treatment is needed. The Police should also be called at 562-6001. The best way to treat rabies is to pre-

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Shawn Morris

A group of young volunteers from Cub Scout Pack 9, New Egypt, pitch in during the installation's National Public Lands Day celebration at the Laurel Pond Recreation Area Sept. 30. Dozens of volunteers lent their time and efforts to the annual ecological event. For more photos and the complete story, see page 4.

Chaplain (Maj.) Leon Bell Jr., 1942-2006

Retired Chaplain (Maj.) Leon Bell Jr. died from liver complications Wednesday, Sept. 27, at Cooper Medical Center in Camden.

He was 64.
Chaplain Bell was beloved and befriended by many at Fort Dix. He finished out his 20-year career in the Regular Army here, arriving in 1989 before retiring on Feb. 28, 1994. Living in Mt. Holly, Bell then became a contract pastor of the Gospel Service working out of the Main Post Chapel from June 1995 until Sept. 1999. After that, he assisted staff chaplains, performing funerals and weddings for the community while cementing ties with Fort Dix that never loosened.

Following 9/11, the aging patriot jumped back into action, joining the New Jersey Naval Militia and tirelessly ministering to troops in the field.

"The one true credential of a chaplain is the lives he touched," noted Chaplain (Maj.) Jason Logan in a funeral service honoring Bell held on Tuesday, Oct. 3, at Fort Dix's Main Chapel. And by that estimate, Bell's patrimony was a powerful one indeed.

Chaplain (Col.) Larry Biederman joined Logan in orchestrating Fort Dix's impressive tribute Tuesday. Representatives of the Buffalo Soldiers, VFW and American Legion recalled associations with Bell and veteran members of those groups stood tall paying homage to their departed comrade.

Choir shines

Particularly notable were music by the Chapel Choir, especially their stirring rendition of *Precious Lord* and Chaplain Logan's closing "words of faith and hope."

Following the moving ceremony, the Rev. Bell's body was buried at the Brig. Gen. William Doyle Veterans Memorial Cemetery just off Monmouth Road at Arnetown.

Chaplain Bell was born on August 5, 1942, in Jersey City. He was the eldest of 16 children in the family and the odds seem to frown upon escape from being mired in poverty.

In a pivotal occasion in his life during high school, Bell was



File photo by Charles Germain
'AMEN' TO THE ARMY Chaplain (Cpl.) Leon Bell Jr. stares at famed journalist Charlie Germain in an interview detailing Bell's impending retirement in the Jan. 28, 1994 issue of the Post.



Steve Snyder
FINAL SALUTE -- Friends and family gather for funeral services honoring Chaplain Bell at the Main Post Chapel Tuesday.

beaten with a pool stick and almost killed. He suffered a fractured skull, broken nose, and busted face. On the way to the hospital he recalled seeing a passing light and hearing his grandmother's admonitions against revenge.

Bell accepted the light, left gang members back on the street and found "perfect peace" after forgiving those who attacked him.

"From that time, I began to have an interest in the things of God," he confided to a reporter from the Post back in 1989.

A coach, teacher and pastor helped Bell smooth a path to God, aiding his educational efforts which led him to fulfilling a vocation of the spirit.

Thomas Mitchell, track coach at Lincoln High School, convinced him to drop boxing and take up track. He did. And his exploits led to three championships -- the Hudson County Cross Country title, the New York CYO Mile title and Jersey City Mile kudos.

Bell finished second in New Jersey championships one year, running the mile in 4 minutes, 16 seconds.

Developing his intellect
While Mitchell was coaxing superb efforts out of Bell on the track, English and math teacher Alex Hirschmann went to work on the youngster's intellectual apparatus. The Jewish intellectual welcomed Bell into his home, tutoring him and introducing him to classical music.

For Bell, Hirschmann was more than a teacher. He became nothing less than a window to the world.

No less important in the configuration of Bell's destiny was Dr. Ernest Webb, pastor of the Monumental Baptist Church in Jersey City and a chaplain for the New Jersey National Guard.

Bell belonged to Webb's Youth Fellowship Group and when college beckoned Webb simply passed his congrega-

tion's collection plate around to help pay Bell's tuition and defray other expenses.

The young scholar spent three years studying pre-law at Eastern College in St. David, Pa., before finally acknowledging the call of the ministry and transferring to the Philadelphia College of Bible where he earned a bachelor's degree in social work. But he didn't stop there, going on to attend the prestigious Eastern Baptist Theological Seminary where he tackled the curriculum for a Master of Divinity degree in biblical studies and counseling.

Joining the Army

Then, the military intervened. The Vietnam War was raging. And Bell didn't hesitate to answer his country's call.

After completing the Chaplains' Basic Course Bell checked in as chaplain for the 3rd Training Brigade at Fort Leonard Wood, Mo., later serving as reception battalion chaplain.

In August 1975 the Army cleric spent three months at "Vietnam West," counseling and trying to keep the peace among Vietnam refugees being processed for resettlement in the isolated environs of Fort Chaffee, Ark.

The experience gave Bell a taste of the Orient and he said he found it fascinating.

The following year saw Bell hip-deep in the Far East when, serving as chaplain for the 7th Cavalry, 3rd Bn., 2nd Infantry Division, in Korea, two Army officers were brutally murdered by axe-wielding North Korean border guards. The officers had led a detail that was cutting down a tree blocking an observation post's view of the border.

For 72 hours, all Americans stood at battle stations. Bell and other Soldiers were staring death in the face but, fortunately, World War III never erupted.

In a happier vein, Bell met and married his wife, Song Cha,



photo courtesy of Bell family
Chaplain (Maj.) Leon Bell Jr.

during that 13-month tour in Korea. Song was a widowed mother with two children who worked hard operating a gift shop. Bell adopted her two boys; Dong Won, who went on to serve in the U.S. Marines and Dong Su, a future Navy man.

Returning stateside, Bell moved around a lot while with Fort Polk's 5th Artillery Division. They trained in the desert of Fort Irwin, Calif. and in the mountains of Pennsylvania. Bell said he liked the desert because its solitude reminded him of the Old Testament.

A tour with the 132nd Lance Missile Unit, 41st Field Artillery in Hanover, West Germany, followed where Bell spent much time shuttling between primitive training areas like Grafenwoehr where on one occasion he "stepped out of the jeep and found myself in mud up to my chest."

Assignments in Crete, Greece, and as hospital chaplain at Fort Meade, Md., followed. Plus another tour in Korea after which he returned to New Jersey and reported in at Fort Dix.

Bell was the voice behind the "Daily Devotional Message," a popular radio spot broadcast to Dix listeners who merely had to dial for the message during the early 1990s. In later years Bell also served as a chaplain for Virtua Memorial Hospital in Mount Holly along with being active in local governments both in Lumberton and Burlington County.

Chaplain Bell is survived by his wife, Song Cha; two sons, Don Gwon Bell and his wife Gail of York, Pa. and Don Gsu Bell of Baltimore. He had two grandchildren, Elizabeth Courtney and Adam Leon, along with many brothers and sisters.

Many people miss Leon Bell, not the least of whom belong to Team Dix.

God bless. - Steve Snyder



Steve Snyder
HALLOWED GROUND -- Chaplains and the choir lead the congregation in honoring a Fort Dix legend - Chaplain (Maj.) Leon Bell Jr.



photo courtesy of Ray Perkins, Chapel Center

REVERENT -- Chaplain Bell gives the invocation at one of the innumerable events he graced with his presence on Fort Dix.



photo courtesy of Ray Perkins, Chapel Center

CHARISMATIC CALLING -- Fort Dix's Main Post bubbled up with the can-do spirit during the reign of Chaplain (Lt. Col.) Eric Wester, left, from 1996-99, aided and abetted of course by Chaplain Bell.

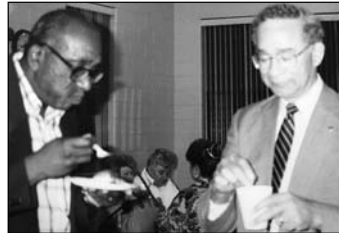


photo courtesy of Ray Perkins, Chapel Center

CHOWING DOWN -- Chaplain Bell relished the social aspects of his job which included celebrating life with chow and camaraderie in the Fort Dix community. That's Col. (RET) George Waters at right.

Steve Snyder

ROUSING TRIBUTE -- Lt. Cmdr. Rick Iannello served with Chaplain Bell in the New Jersey Naval Militia from 9/11 on and boomed out a eulogy at the funeral services of nearly Shakespearean proportions. Iannello recalled that his friend was "assertive" and "spread joy" to all the troops across the state who he insisted on visiting in the field after the trauma of 9/11. Bell was tireless, his friend said, in service to his country. "His smile lit up the room," too.



Steve Snyder

HONORING A PATRIOT -- Service veterans in the Post Chapel stand tall, celebrating Chaplain Bell's service to his country and to Fort Dix.

Soldier eloquently defends fight for freedom

(Spc. Joshua Waller of Canterbury graduated from the University of Connecticut in May. A member of the Connecticut National Guard's 134th Military Police Company, Waller has been at Fort Dix since July 28, preparing for deployment to Iraq within the next few weeks. In his own words, he tells why he volunteered. This article first appeared in the Sept. 29, 2006 issue of the *Norwich Bulletin* in Connecticut. It is reprinted here with permission of that newspaper.)

I'm just a Soldier. I'm not here with any political agenda or economic motives. I'm here to help provide people with an opportunity I believe all people should have -- the opportunity for freedom.

"People ask me, 'How can I not go?' I ask, how can I not go?"

I believe in and love my country and the principles and doctrines on which it was founded. Beliefs and

Spc. Joshua Waller
134th Military Police Co.

rights we believe are God-given to all people. Fighting for those rights is not new. This country would not exist today if we did not have help in fighting for our freedom.

Freedom is a right of all people. Have we forgotten that?

I wish with all my heart

there was no need for war. I hope and pray that someday that will happen.

And it is because of that now. I am compelled to act now. I want their children, and their children's children to have the freedom that I have been blessed with, an opportunity to pursue the desires

of my heart and to exercise freedom over my life.

I am here because of my beliefs all people must be free. I am here because of a love of duty for all people. To help them be able to stand on their own as a free people.

This is not about nations or religion. This is about life, and a world that is better tomorrow than today.

the Post

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Transformation sends 99th RRSC to Fort Dix

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The 99th currently has responsibility for command and control, and full service support of a five-state geographic region, including Pennsylvania, Virginia, West Virginia, Maryland, Delaware and Washington DC.

Under the RRSC initiative, the 99th will absorb the current 77th and 94th RRCs, thus adding the states of the 77th's operational area in New York and New Jersey, and the 94th's area of responsibility of Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont.

State flags of the 13 states that will fall under the 99th's area of responsibility lined the field, along with the flags of the three RRCs that will join under the new system.

"The Army must be predictable to Soldiers, families, and employers," said Maj. Gen. Alan Bell, deputy commander, USARC, Operations, Readiness, Training and Mobilization. "That's what transformation is all about... I know the angst of Soldiers as we move from 10 RRCs to 3 RRSCs, and we must keep them informed every single step of the way."

As the 99th RRC morphs into the 99th RRSC, the command will continue such support as required for units training, mobilizing and deploying to worldwide locations in support of the nation's Global War on Terror (GWOT).

The new headquarters building, for which a contract was recently awarded to a local construction firm, is sited behind Watson.

The window for total disestablishment of the RRCs and the assumption of full operations as RRSCs runs until 2009.



Shawn Morris

FIRST FOOTPRINT FORWARD — Maj. Gen. Alan Bell, deputy commander, USARC for Operations, Readiness, Training and Mobilization, stresses the importance of Army transformation to the Soldier, family and employer during a ceremony Sept. 30 on Sharp Field marking the first step in the transition of the 99th Regional Readiness Command, Coraopolis, Pa., to Fort Dix as the 99th Regional Readiness Sustainment Command. Joining Bell on the platform is Maj. Gen. William Monk III, first commander of the 99th RRSC, who will oversee the transition of the organization, and Rep. Jim Saxton, long-time supporter of the military and Fort Dix.

Main gate named in honor of local hero

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tion with Fort Dix, from playing basketball on post as a child to joining the Army as a young man.

"Philip had a love of country that surpassed politics and focused on buddies, units, missions," Good said. "He would have been embarrassed about all this, he was a person who liked to blend in with the crowd."

Spakosky's wife, Lakisha, joined other family members in unveiling a portrait of her husband and an account of his heroism that hangs on the checkpoint.

A freestanding plaque engraved with his image sits just outside the checkpoint.

Born May 9, 1979, Spakosky grew up in Browns Mills and graduated from Pemberton High School in 1997.

More than 115 guests met at the gate for the ceremony, including Spakosky's parents, daughter Mariah and stepchildren A'Jhon and Imani.

Housing Notes

● **The Fort Dix Self-Help Store continues to operate to serve the Fort Dix community, including family housing**

● **Mums will be available at the Self-Help Store beginning on Tuesday, October 17,**

● **Fall Cleanup in the family housing areas will be managed by United Communities (the housing privatization company) and is currently scheduled for Monday, November 13.**



Col. J. E. Bagley

WARRIOR RELAY — LTC Tom Dubois hustles to win the "fallen comrade" leg of the Warrior Relay during the 1st Brigade, 78th Division Organization Day Sept. 29 on Doughboy Field.

Lightning Brigade celebrates final organization day as unit transforms

Col. J. E. Bagley
Brigade Commander, 1st Brigade, 78th Division

A birthday party can be a great cause for celebration, but when you know it's the last birthday party, it can still be a great cause for celebration.

For Army units, the unit Organization Day is usually associated with its birthday. On Sept. 29, the Soldiers of 1st Brigade, 78th Division celebrated their Organization Day for the last time because in the next year the Soldiers of the Lightning Brigade, while remaining at Fort Dix, will transition from the 78th Division to the 75th Division.

This was the last opportunity to bring the subordinate Groups from Edison, Bristol, RI, and Fort Dix together and celebrate the rich heritage of the 78th Division in a competitive venue.

It was also an occasion to build camaraderie within the brigade, strengthen the Warrior Ethos, maintain unit pride, and continue Army tradition.

The birthday celebration was an all-day event commencing in typical Army fashion with an accountability formation at 0515 hrs.

The Lightning Brigade then participated in the installation Reveille ceremony and continued with its own unit run. At the conclusion of the run and while still in formation on Sharp Field, the Lightning troopers proclaimed the Soldier's Creed.

The rest of the day featured team competitions, but to Lightning Brigade standard, every competition had a warrior theme.

Competitions were held at John Mann Park next to Doughboy Field.

The relay event was a team (six Soldiers) competition but the legs of the Warrior Relay included M-16 carry, Individual Body Armor (IBA) run and swap, and fallen comrade carry. The competitions were both physical and mental.

One team challenge posed questions of military and unit organizational knowledge, battle drills, and drill and ceremony.

The team tug of war was a culminating point of the day's competitions and began with each team building a hasty litter to carry a "wounded" team member to the rope line.

The first team to have all members on the rope line, to include the "casualty," was successful.

This added nuance tested innovation, teamwork, coordination, and brute strength.

The Brigade S3 staff, also known as Team Wiser, took the prestigious Commander's Cup with awesome showings in each competition.

The last birthday party for the 1st Brigade, 78th Division was a memorable day; but like every Lightning Brigade event, there was an After Action Review.

The AAR indicated ways to improve planning and execution so that when the Lightning Brigade has its first birthday party in the new Division, it will be even better.

SGT Thaddeus Bright, Bde S1 staff and captain of Team Bright, said "I understand that it has been about 10 years since this brigade had its last Organization Day, we shouldn't wait that long to have the next one!"

Environment gets face lift during Public Lands Day

Shawn Morris
Public Affairs Staff

Dozens of volunteers celebrated National Public Lands Day Sept. 30 with a day of hard work at the Laurel Pond Recreation Area. Projects included tree and shrub planting, erosion control on the pond's banks, and general clean-up.

These volunteers are continuing a tradition born in 1994, when 700 volunteers donated their time and effort to the first Public Lands Day. This past year, nearly 90,000 volunteers worked in 800 locations, and the numbers continue to grow each year.

Public Lands Day has three main goals. They are to:

- Educate Americans about critical environmental and natural-resource issues and the need for shared stewardship of these valued, irreplaceable lands
- Build partnerships between

the public sector and the local community based upon mutual interests in the enhancement and restoration of America's public lands

- Improve public lands for outdoor recreation, with volunteers assisting land managers in hands-on work

The concept of public lands is not unique to United States, but is very American in that public lands make all people equal. Regardless of wealth, race, gender, religion or social standing, all can enjoy public lands equally.

Public lands symbolize democracy, putting the poorest tenant on equal footing with the wealthiest landowner.

To modify a familiar phrase, public lands are "of the people, by the people, for the people."

Of course, they're also a great place to enjoy a day out with the family, commune with nature, or appreciate the land's natural beauty.



GIVING BACK -- Caeley Moulton, 7, and Bailey Wohlman, 8, learn how water run-off causes erosion from Jen Tronco, Integrated Training Management (ITAM), above, during National Public Lands Day Sept. 30 at the Laurel Pond Recreation Area. Enjoying the day is Christian Alvik, 6, who gets a quick ride in a wheelbarrow from Ron Knighten, right, while Tom Regan and Jason Lawrence, 8, lay fabric mesh in place.



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MILITARY MATTERS

Visiting CSM talks transformation with Fort Dix NCO academy grads

Shawn Morris
Public Affairs Staff

The Fort Dix Noncommissioned Officer Academy received a visit from Command Sgt. Maj. Michael Gallucci, the Northeast Army Reserve Medical Region/8th Medical Brigade command sergeant major, during the Warrior Leader Course graduation ceremony Sept. 29.



Shawn Morris

SAGE SERGEANT -- Command Sgt. Maj. Michael Gallucci, the 8th Medical Brigade command sergeant major, visited the Fort Dix Noncommissioned Officer Academy Sept. 29 to talk to Warrior Leader Course graduates about the future of the Army.

Gallucci addressed the graduates, offering his thoughts on the Army's ongoing transformation. He identified three major components of that transformation, the first being change.

"As the Army changes, one thing will not change - the role of the noncommissioned officer," he said. "It is necessary for us to be ready. The Global War on Terrorism is not going away. Predictability is gone; uncertainty is the norm."

"You have to be a Soldier first," Gallucci added, noting that basic combat skills must now take precedence over a Soldier's Military Occupation Specialty.

The second component of Army transformation is jointness, according to Gallucci.

"Joint interdependency allows us to circle the wagons," he explained. This is a topic with which the Fort Dix and McGuire Air Force Base communities are very well versed, as the two installations continue to morph into a joint base.

The third component of Army transformation, according to Gallucci, is Warrior Ethos.

"The Warrior Ethos isn't about just being a good Soldier," he said. "You cannot live

Warrior Ethos just while you're in uniform. America looks at us to stand tall, to be ready to do the right thing."

He congratulated the graduates, and encouraged them to carry on the traditions and values that, according to Gallucci, make the United States Army the envy of other military forces around the world.

"You stand at the front door to tomorrow," he said. "You are the future. You will carry on the work of the Army."

"The noncommissioned officer is a powerful, powerful tool in the toolbox of any commander," Gallucci concluded. "Be ready to follow, but don't shirk the responsibility to lead."

Gallucci participated in Operations Desert/Shield and Desert Storm, and Operation Joint Guardian in Macedonia/Kosovo. The

Chief of Staff of the Army selected him to be a member of Task Force Soldier and Task Force IET, which was instrumental in the rewrite of the Initial Entry Training (IET) Period of Instruction (POI).

Gallucci is a graduate of the United States Army Sergeants Major Academy. He holds an Associate of Science degree in Liberal Arts, a Bachelor of Science in Liberal Arts (Administrative Law), and a Juris Doctorate.

"It is necessary for us to be relevant in today's world, to be ready. The Global War on Terrorism is not going away. Predictability is gone; uncertainty is the norm."

Command Sgt. Maj.
Michael Gallucci
8th Medical Brigade CSM

Family ties



courtesy photo

Fort Dix's Sgt. 1st Class John "Johnny Delta" Horan, 2-309th Training Support Battalion, left, and Maj. Peter J. Webster, HHC-Mobilization Readiness Battalion, right, were pleasantly surprised when Chap. (Col.) Ira Kronenberg, deputy Fort Dix chaplain, center, paid them a visit in Camp Victory, Iraq. Kronenberg was on temporary assignment to Iraq to conduct services for the Jewish Holiday. Webster and Horan are assigned to the Combined Joint Task Force Troy, Counter Improvised Explosive Device Training Team.

Bullets

Active-duty reserve Soldiers exempt from IRA, 401K early distribution tax

● **SPRINGFIELD** — Military reservists called to active duty can receive payments from their individual retirement accounts, 401(k) plans and 403(b) tax-sheltered annuities, without having to pay the early-distribution tax, according to the Internal Revenue Service.

"More than 32,700 Reservists and National Guard troops serve in New Jersey. Reserve and National Guard troops called to active duty after Sept. 11, 2001, are eligible for tax relief," said IRS spokesperson Gregg Semanick.

The newly-enacted Pension Protection Act of 2006 eliminates the 10-percent early-distribution tax that normally applies to most retirement distributions received before age 59½. The new law provides this relief to reservists called to active duty for at least 180 days or for an indefinite period.

Eligible reservists activated after Sept. 11, 2001, and before Dec. 31, 2007, qualify for relief from this tax. This tax is often referred to as the 10-percent early-withdrawal penalty. Regular income taxes continue to apply to these payments in most cases.

Early distributions from both Roth and traditional IRAs received by a reservist while on active duty qualify for this relief. Likewise, a reservist's elective contributions and earnings distributed to him or her by employer sponsored 401(k) plans and 403(b) tax-sheltered annuities also qualify for this relief.

Because this relief is retroactive, eligible reservists who already paid the 10-percent tax can claim a refund by using Form 1040X to amend their return for the year in which the retirement distribution was received. Eligible reservists should write the words, "active duty reservist," at the top of the form. In Part II Explanation of Changes, the reservist should write the date he or she was called to active duty, the amount of the retirement distribution and the amount of early-distribution tax paid.

Reservists can choose to re-contribute part or all of these distributions to an IRA. Ordinarily, these special contributions must be made within two years after the reservist's active-duty period ends. However, if the reservist's active duty ended before Aug. 17, 2006 (the date the new law was enacted), he or she will have until Aug. 17, 2008, to make these special contributions. No deduction is available for these contributions.

Combined Federal Campaign 2006 launched with Pentagon ceremony

● **WASHINGTON, Sept. 26, 2006** — With a ceremony held Sept. 26, DoD launched the Pentagon's 2006 Combined Federal Campaign. The theme of this year's campaign, which runs through Dec. 15, is "Be a Star in Someone's Life."

The goal for the year across the region is \$58 million. DoD's goal is \$16 million.

In 2005, the average DoD gift to CFC was \$309 from about 60 percent of the people in the department. The overall donation was \$15.2 million.

"The DoD goal we have this year is the highest we've ever set," said Michael Donley, the Pentagon's director of administration and management. He said he's confident the employees of the department will open their hearts and checkbooks to help others.

Coast Guard Commandant Adm. Thad W. Allen, the honorary CFC chair for the National Capital Region drive, attested to the help that the CFC provides to those in need.

"During the more than six months I spent ... on the Gulf Coast, it was extraordinary for me to see these agencies I have dealt with over the years with the Combined Federal Campaign do their work on the ground," he said. "We see a lot of these non-governmental organizations, these service agencies, these not-for-profit groups working out there. You saw them on the news. But when you go there and they are feeding you, you get a new respect and insight on what they do."

"I can tell you that other than MREs, they were the only restaurants of choice in New Orleans."

Allan urged all employees to examine the CFC charities and to be generous

Read The Post!



Yellow Banners honor deploying troops



Wayne Cook

1st Sgt. Michael Sangster and Capt. Matt Garrison, Company A, 1-178th Infantry Battalion, right, hold up their unit's yellow banner before hoisting it high over Infantry Park during a ceremony Oct. 3.

After Capt. Daniel Hensley and 1st Sgt. Terry Causey of the 2-152nd Infantry Battalion hoisted their unit's yellow banner Sept. 30 in a ceremony at Infantry Park, a detail of Soldiers borrowed a set of bleachers from a nearby softball field for a group photo in front of the Ultimate Weapon, below. Following the photo shoot, the Soldiers returned the bleachers to their rightful location.

photos by Ed Mingin



Shawn Morris

Capt. Kenneth Middaugh II and 1st Sgt. Stephen Cooklin, top left, hang the yellow banner in a ceremony held at Infantry Park Sept. 29 for the 46th Military Police Company as they prepare to leave Fort Dix to participate in the Global War on Terrorism. Also participating in that day's event are Sgt. 1st Class Stacy Bruck and Staff Sgt. Christopher Cromley of the 326th Quartermaster Company, top center, and Command Sgt. Maj. Robert Wilson and Lt. Col. James Begley of the 198th Signal Corps Battalion, top right.

WDIX
Channel 2
24/7 information

NCO Call
at Club Dix
Wednesdays at 6 p.m.

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**TO BE A
MAYOR!**
Call Army
Community Service
at **562-2767**
to find
out more

NEIGHBORHOOD

THE CORNER

Hearts Apart hosting Art Therapy program

The Hearts Apart program is sponsoring Art Therapy sessions for kids 4 to 13 years of age in Bldg. 5201 Maryland Avenue Oct. 10 and 17. Sessions are held from 4:30 to 5:30 p.m. for 4 to 8 year olds, and from 5:30 to 6:30 p.m. for 9 to 13 year olds.

Space is limited, and registration is required in advance. Call Amada Espinoza or Bobby Brown at 562-2767 or (800) 877-2380.

Investing seminar coming to McGuire

The McGuire Family Support Center is hosting "It's Your Move: A Game Plan for Investing" Oct. 19 and Nov. 1. Pre-registration is required, and space is limited. Call Erica Zeiger at 754-5344 or Betsy Conzo at 754-5748.

Family Advocacy to host domestic violence seminar

The Family Advocacy Program and P.A.L.S. (Peace A Learned Solution) are hosting "Please...Stop!! When Children Witness Domestic Violence" Oct. 13 from 11:30 a.m. to 12:30 p.m. in Bldg. 5201 Maryland Avenue.

Call Deraurah Wilson, Family Advocacy Educator, at 562-4830 for more information.

Family Advocacy to hold stress seminar

The Fort Dix Family Advocacy Program is hosting "The Effects of Stress" Oct. 16 from 11:30 a.m. to 12:30 p.m. in Bldg. 5201 Maryland Avenue. To register, call Deraurah Wilson at 562-4830.

Army Family Action Plan conference coming soon

All are invited to attend the Army Family Action Plan (AFAP) Conference at the Main Chapel Oct. 26 from 8 a.m. to 4:30 p.m. Breakfast and lunch are provided, and the event is open to all branches of the military.

●What is AFAP? AFAP is your voice. It provides a forum for the military, family members, civilians, and retirees to let military leadership know what works, what doesn't, and what they think will fix it.

●What can AFAP do for you? AFAP continues to improve the standards of living for all military personnel and DoD employees. Local changes have included improvements to Fort Dix roads, office facilities, upgrades in standards of living for deploying Soldiers, changes at the commissary, improved processes for the Case Management Program at the Joint Readiness Center; process improvements at the 305th Medical Clinic; reactivation of the Fort Dix BOSS Program; and reduced fees at Fort Dix Lodging for large families.

●Submit your issues for review. Experts from housing privatization, healthcare, and installation directorates will be on site to help attendees make informed decisions, and advise and assist in the development of issues and recommendations.

Those attending should call Frances Booth at 562-3930 or send e-mail to frances.booth@dix.army.mil no later than Oct. 20.

Model railroad show coming to Jersey Shore

The Garden State Central HO Model Railroad Club will host a Model Railroad Show Oct. 20, 21, 22, 27, 28 and 29 from 7 to 9 p.m. on Friday nights and noon to 4 p.m. on Saturdays at club headquarters, 607th 8th Avenue in Asbury Park.

Admission costs \$3 for adults and \$2 for children and seniors. For more information, call (732) 775-0881 or visit www.geocities.com/gsc_rr

305th MDG closed today for training

The 305th MDG will be closed today from 7:10-30 a.m. for training. For access to care, call 1 (866) 377-2778.

Kimberly Henne
Victim Advocate

October is Domestic Violence Awareness month, and in recognizing that domestic violence still happens in households across America, men and women need to keep themselves as safe as possible. Remembering that domestic violence is about power and control, victims need to be able to attempt to regain control and independence in as subtle manner as possible.

1. Remain safe: When an explosive event occurs, stay out of the bathroom, kitchen, and any room that contains a weapon. These rooms are typically the most dangerous rooms in the house.

2. Give the abuser what he/she wants to calm them down if the situation warrants for your safety and the safety of the children.

3. Tell your neighbors: Make sure your neighbors know to telephone the police if they hear suspicious sounds from your home (i.e. yelling, screaming, items being thrown, etc.).

4. Teach your children to use the telephone to dial 911 for police, fire department and/or ambulance. Teach them to also call or run to a neighbor if necessary.

5. Have a code word. Set up a code word with the neighbor and/or with your kids to let them know when it is unsafe.

6. Plan for your escape: Leave a set of keys, extra money, and bag of clothing with a neighbor in case it is necessary to escape. Look throughout your house for a safe escape route, such as a back bedroom window. Plan where you will go after you leave. Have a back up plan in case it is necessary or the location is compromised. The toll free number to the local safe house is (877) 871-7551. It can also be reached at (609) 871-7751

7. Who can loan you money in the event of an emergency escape? Think of two or three people you can rely on.

8. Keep your personal belongings ready i.e. wallet, keys, money, etc. in a location near your escape route.

9. Clear the cache on your computer. Internet websites show up in a computer's history. Learn as much as you can about erasing a computer's history.

10. Pack away precious items. Many times a violent offender will break a victim's things for more control of a situation.

11. Teach escape strategies to any children in the household who are old enough to understand. Understanding also comes at a young age in many domestic violence situations.

12. Use spare change to make telephone calls at pay phones. Use cash whenever possible. Telephone invoices and credit card statements have telephone numbers printed on them. Credit card statements can also give away your location after your escape.



photos by Wayne Cook

PLEDGE OF COMMITMENT – Col. Scott Voelker, director of operations, McGuire Air Force Base, Lt. Col. Roger Cotton, deputy Fort Dix commander, Jean Metz, director of Providence House of Catholic Charities, and Capt. Bret Gordan, commander, Lakehurst Naval Air Engineer Station, from left above, sign a Proclamation for October as the Domestic Violence Month. Together they pledged the continued dedication of their respective organizations, singly and jointly, to the awareness, prevention, and rehabilitation of Domestic Violence.

13. Important papers to take with you: ID cards, birth certificates-yours and your children's, passports, social security numbers for the entire family, ATM card, checkbook, credit cards, keys, driver's license and registration, medications, medical records, divorce and/or custody agreements, school records, vaccination records, lease/mortgage payment book, address book, insurance papers, photos, jewelry, children's favorite items (toys and blankets), anything small that you can sell for money to survive.

14. Open a bank account in your own name, without the abuser's knowledge. Have the statements sent to an alternate address.

If you no longer live with the abuser and there is still a potential for threat—sometimes more of a potential for violence, you can use this list to continue to keep yourself safe in addition to the above list.

1. Obtain a protection order. This can be done through your county courthouse during duty hours, or at your local police department after hours. If you work and live in separate counties, file in both counties and carry a copy of the order with you at all times.

2. Change the locks on the windows and doors.

3. Install a steel door to replace any wooden doors, or explain any issues to your landlord and ask if the landlord will replace the door for you.

4. Purchase rope or fire ladders to



SPREADING THE WORD – Kimberly Henne, victim advocate, Family Advocacy Program, Army Community Services, shares information on domestic violence prevention with Donn Ropp, a civilian contractor with the N.J. National Guard Headquarters and Spc. Sean Wafer of the 46th Military Police Company, Michigan National Guard, at a booth set up in the BX/PX foyer.

escape from second story windows.

5. Install a security system or additional locks, bars on windows, etc.

6. Install smoke detectors on each floor.

7. Install motion sensitive lighting.

8. Ensure children remember the code word and it is used when you cannot pick them up from school, daycare, and activities.

The domestic violence 24-hour hot-

line for this area is 1-877-871-7551. The national domestic violence hotline is 1-800-799-SAFE (7233). Fort Dix also has a 24-hour crisis hotline. That number is 609-694-8724 and I am the person who will answer that phone. Call me. I want to help. I can provide confidential services to you, help you get medical care and counseling, help you get legal services and protective orders if and when you are ready.



Wayne Cook

Give peace a chance

Members of the Youth Center's Torch Club plant yellow mums in the pattern of a yellow ribbon for the International Day of Peace. The flowers are planted outside the Youth Center on Locust Street in the Garden Terrace section of housing. Pictured from left are Connor Wallace, Marvin Beckett, Torch Club Coordinator Jessica Miksit, Latisha Davis, Wardell James, and Torch Club President Kennedy Perkins.



Steve Snyder

Bring on the Java!

Sarah Johnson, director of Morale, Welfare and Recreation joins the Deputy Commander for Mobilization Col. Douglas Dinon and visitor Roger Weger, chief, Food Services Division for Morale, Welfare and Recreation Army-wide in cutting the ribbon dedicating the grand opening of the Java Cafe and Computer Lounge at Club Dix Thursday morning. Many Dixans were in attendance, enjoying all kinds of cakes and cookies in addition to sampling incomparable Starbucks coffee. Eighteen computers were moved into the Computer Lounge to make it easy for Soldiers to check their e-mail while drinking some fine coffee. According to Weger, Dix's new addition is only the sixth such establishment in the Army.



Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Aquatics

Winter hours are now in place for the indoor pool.

Lap Swim

Mon. - Fri.

Retirees/adult dependents/ working DOD

6 a.m. - 8 a.m.

10 a.m. - 11:30 a.m.

Active duty/ working DOD

11:30 a.m. - 1 p.m.

Sat.

Retirees/adult dependents/ working DOD

10:30 a.m. - noon

Rec. Swim

Mon. - Fri.

1 p.m. - 5 p.m.

Sat.
Noon - 6 p.m.
Fees for Rec. Swim: Military- \$2 Non-military- \$4

Hydro Aerobics

Mon. and Wed.

7:30 p.m. - 8:30 p.m.

Sat.

10:30 a.m.

Cost: \$3 per visit.

Chargers Football

This Saturday will see the Fort Dix Chargers defending their home turf. The Mitey Mites will take on Hamilton West at 11 a.m.

In the Pee Wee division, Hamilton East will be the opposition. Game time 12:20 p.m.

The Midgets will be back in action after a bye-week, taking on Hamilton East. Game starts at 1:40.

Outdoor Rec.

For more information about Outdoor Rec activities, call them at 562-2727. You can also visit their website at www.dixmwr.com.

Oct. 7

White Water Rafting

Fees: \$50 adult \$45 child

Oct. 14

Dolphin Watching in Cape May

Fees: \$40 adult \$30 child

Oct. 21-22
Overnight canoe/kayak @ Wading River
Fees: \$75 single \$140 couple

Oct. 28

Horseback Riding @ Tyler State Park

Fees: \$35

Nov. 4

Hiking and lunch @ Bass River State Forest

Fees: \$20 adult \$15

Nov. 11

Rock Climbing

Fees: \$35 adult \$25 child

Nov. 17

Jersey Devil Hunt

Fees: \$20 adult \$15 child

Dec. 2

Ice Skating

Fees: \$20 adult \$15 child

Dec. 9

Lost River Caverns

Fees: \$30 adult \$25 child

Intramural Basketball

The Griffith Field House will be holding their annual Intramural Basketball League. The first

coaches meeting will be Nov. 7.

For more information, call Chris O'Donnell at 562-4888.

Youth Sports Basketball

Fort Dix Child & Youth Services will be offering basketball for youths up to 15 years of age. No players on high school teams accepted.

Registration is from Oct. 16 - Dec. 1.

All children must be registered with Fort Dix Child & Youth Services to participate. A registration fee of \$18 per child or \$40 for three or more children will be charged for anyone not already registered for CYS, in addition to the specified activity/sports fees.

Parents must show proof of sports physical for the current year.

Mandatory basketball certification for coaches is scheduled for Dec. 3, 10 a.m. - 2 p.m.

Fort Dix Youth Sports programs focus on skill development and fun through positive mentoring and sportsmanship. Come experience and participate in the Fort Dix Youth Basketball Program.

For more information, call the Youth Sports Office at 562-5519.

Army Ten-Miler

This Sunday, Oct. 8, runners from Fort Dix and around the world will gather in Washington D.C. to compete in the Army Ten-Miler. Fort Dix will send a team of six runners. Look in next week's edition of the post for results.



Announcements



Movie Schedule at the McGuire AFB Theatre

Movie Hotline 754-5139
in the rubble or the worst race center on September 11, 2001, after they went in to help people escape. The film also follows their families as they try to find out what happened to them, as well as the rescuers who found them in the debris field and pulled them out. Their story shows how the best in people rose above the tragic events of that day.

MPAA Rating: PG-13

Run Time: 2 hour 9 minutes

Saturday, Oct. 7 @ 7:30 p.m.

Material Girls - Hilary Duff, Haylie Duff, Angelica Huston - Two sibling cosmetics heiresses (Hilary and Haylie Duff) must grow up quickly when a company scandal leaves them penniless. Though it is tempting to follow the advice of their board of directors and sell out to their biggest competitor, the girls decide to take matters into their own hands and save the company that their father built from scratch.

MPAA Rating: PG

Run Time: 1 hour 39 minutes

Main Chapel

562-5791/562-2020

Sunday services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services
held at noon, Monday through Thursday - Room 24

Adult Bible Study
Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel
hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Jewish Services
Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDOUSH Fellowship

Chapel 5 (Bldg. 5950)
562-4847

Memorial Prayer Service for Our Soldiers
5:45 p.m. each Sunday
Computer Room: Mon. - Fri.
9 a.m. - noon / 2-4 p.m. and 5-8 p.m.

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

October Schedule

Oct. 6
Power Hour
2:00 - 4:30 p.m.
Arts and Crafts
3:45 - 4:45 p.m.
Computer Lab
4:30 - 6:30 p.m.

Oct. 7
Midnight Basketball
Open Rec
3:30 - 7 p.m.
Basketball/Guest
Teens Only
7 p.m. - 12 a.m.

Oct. 8-9
Closed

Mondays - Fridays

Power Hour
2 - 4:30 p.m.
Computer Lab
4:30 - 6:30 p.m.
(except Oct. 5 & 19, 5 - 6:30 p.m.)

Tuesdays
SMART Moves
3:45 - 4:45 p.m.

Wednesdays
Sports and Fitness
3:35 - 4:45 p.m.

Thursdays
Tech Club
3:45 - 4:45 p.m.

Fridays
Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Closed October 9 for Observance of Columbus Day

Infant Baptism and Lutheran Confirmation
Instruction by appointment

Organizations

CYS Program Vacancies

Child and Youth Services has slots available in full day care for children ages two to five years old. Openings are also available for before and after school care for youths in kindergarten through eighth grade. For more information call 562-4702.

Black History committee

The Fort Dix Black History Observance Committee is looking for volunteers to help with annual celebrations. Call Fay Marshall-Dease at 562-2666 for more information.

Playgroups for age 4 and under

Are you interested in forming a free playgroup for children 4 years and under? We have the ideal place to hold weekly meetings in our child care room in the Fort Dix Child and Youth Services Central Enrollment Registry building 5203 Maryland Ave. Parents need to come with their children to play with them and share experiences and ideas with other parents. This is a great time to allow your child and yourself some social interaction. If interested, please call 562-2242/4702.

Committee for Native American Heritage

Team Dix is looking for volunteers of Native American descent to be a part of a committee for the 2003 Native American-Alaskan Native Heritage Month in November. Contact Toni at 562-5085. toni.tomasello@dix.army.mil for details.

County WIC Program Available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

305 MDG Pharmacy information

Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Register for yard sales

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters.

PARENTING

During the Early Years

October 3- November 14, 2006
Tuesdays, 6-8 pm

Join parents of other young children, ages 0-5, to discuss:

- ✓ Child Growth & Development
- ✓ Discipline Strategies
- ✓ Positive Communication

Army Community Services
Bldg. 5201 Maryland Avenue
Fort Dix, New Jersey

Free Childcare available upon request
Pre-registration is required by September 20th - for attendees and free childcare

For more information, please contact
Doraciah B. Wilson @ (609) 562-4830
Available to the Fort Dix McGuire Community

ACS Announces Up-coming Classes

It's Your Move: A Game Plan for Investing
Oct. 5 & 19, Nov. 1 from 9 a.m. - 12 p.m.

Parenting as a Team
Oct. 20, 1130 - 1230

Parenting During the Early Years Class will be closed to any additional participants after next week's class.

24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spousal Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

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Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day Star Tours buses are used, in evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5399, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

554-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Dining Facilities

Bldgs. 5640 and 5986
Mon - Sun 5:30 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.
Bldg. 5985 (FOB)
Mon - Sun 5 to 6:30 a.m.
Dinner Mon - Sun 6 to 7:30 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Computer Lab

562-5228
Delaware Ave. & First St.
Tuesday to Friday - 1 p.m. to 9 p.m.
Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Sunday of each month - 10 a.m. to 2 p.m.

Family Advocacy

562-5200
Chaplain
562-5721/2020
American Red Cross
562-2258
Army Emergency Relief
562-2767



Shawn Morris

Soldier's Soldier

Sgt. 1st Class Colin McKiel, Northeastern Army Reserve Intelligence Support Center, right, receives the Combat Action Badge during NCO Call at Club Dix Sept. 27. McKiel's convoy was attacked in Iraq in April 2004. Command Sgt. Maj. Anthony Young, Fort Dix CSM-Mobilization, left, remembers how he felt when he heard of the attack. Young and McKiel served together in the 1079th Garrison Support Unit.



Animal adoptions halted at veterinary clinic

Jennifer McCarthy
Public Affairs Staff

The Fort Dix / McGuire Veterinarian Clinic is no longer providing shelter or adoption services for animals.

Anyone looking to put a pet up for adoption or welcome a new furry friend into their home is asked to visit the Burlington County Animal Shelter located at 35 Academy Drive in Westampton or call them at 265-5073.

The Fort Dix / McGuire Veterinarian Clinic is open from 8 a.m. to 4 p.m. Monday through Friday and closed for lunch from noon to 1 p.m. daily.

Appointments for pets can be made by calling 562-6636. Due to the limited number of staff, hours at the clinic are subject to sudden changes.

"We ask that people be patient. We understand it can be frustrating," said Ann Lopez, the clinic's receptionist and lone civilian employee.

Lopez also asks that people not abandon animals at the clinic. A number of times during the summer, kittens have been found abandoned on the doorstep of the facility.

"People think they are doing the right thing, but we don't have the people to care for them right now," she added.

All the animals that were in the Fort Dix shelter were adopted. The last dog found a new home in July.

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Shawn Morris

Lending a helping hand

Lt. Col. Caroline Klíner, commander of the Northeastern Army Reserve Intelligence Support Center (NE ARISC), right, presents a certificate of appreciation to Maj. David Dean, Charlie Company commander, left, and 1st Sgt. John Humphreys, Charlie Company first sergeant, center, for the Soldiers they have provided to assist her and her organization.

Positive rabies test

(continued from page 1)

-vent it. There are ways to limit exposure to rabies.

- Avoid unfamiliar or wild animals, especially raccoons, bats, skunks and foxes. Do not feed or pet strays. Avoid any animal—wild, farm or pet—that you do not know. Report any animal that behaves oddly to the Fort Dix Police.

- Do not bring wild, stray or unfamiliar animals into your home for any reason, even to try to treat an injury or illness.

- Teach your children to avoid wildlife, strays, and all other animals they do not know.

- Do not handle dead, sick, or injured wild animals yourself; call the police or animal control officer. If you must handle the animal, use heavy gloves, sticks or other tools to avoid direct contact.

- Make sure your pets are vaccinated against rabies and that their shots are up-to-date. New Jersey law requires that cats, dogs and ferrets be inocu-

- lated against rabies every year.

- Feed pets indoors and keep them indoors at night. If they are outside during the day, keep them on a leash or fenced in so they cannot wander. It is possible for vaccinated pets to get rabies. Pets allowed to roam freely are more likely to get rabies and possibly expose people and other pets in your home.

- Fasten trash can lids tightly. Garbage attracts animals (like skunks, raccoons, and strays)

Chargers getting back on winning track

Ed Mingin
Public Affairs Staff

After dropping a couple of games, the Fort Dix Peewees were looking to turn things around.

The Peewees had lost to the New Egypt Warriors 13-0 two weeks ago. Last week the

Chargers lost to Florence 22-6, though injuries played a key role in that loss.

Pee wee coach Steve Uzleber said after the New Egypt game that he had some adjustments to make, and felt confident his team could rebound.

"I plan to make offensive and defensive adjustments so our best players will be in position

to make plays," said Uzleber after the loss.

The adjustments did the trick this past weekend, when the Chargers faced off once again against the Warriors.

This time however, the Chargers came out on top, winning 7-0.

"It was a great victory especially after they way they beat us the first time we met. It was a very exciting game our kids deserved the win," said Uzleber.

It was a close game right until the end. Neither team was able to score, but the Chargers pulled it out in the end.

"The game was tied until about 1:30 left in the game when Brandon Hawkins, with a great effort, scored off the left side. The score was set up by a great block by Brandon Cromwell," said the coach.

Holding the Warriors scoreless was a feat that didn't go unnoticed by Uzleber, who is already looking forward to the next opponent.

"The defense played great forcing two fumbles and one interception," he said. "This week we will be home vs. Hamilton East. Things are starting to look up for us everyone will be back and healthy."

In the Mitey-Mite division, the Chargers travelled to do battle against Rancocas Valley Red. Fort Dix started off quickly, but lost 18-7.

"We started out strong. We had possession of the ball first and we were moving the ball well. We pretty much used the whole clock in the first quarter, but when we got inside the 30, we fumbled," said head coach Andy Middleton.

Weather conditions contributed to the fumble, and the Chargers would have trouble with turnovers all day.



Ed Mingin

IN THE POCKET -- Though usually on the receiving end of passes, Brandon Cromwell got the chance to throw one during a recent game against New Egypt. The Peewees were victorious this past week against the Warriors, winning 7-0.



Ed Mingin

Wildcats running wild

The Flag-Football season at the Griffith Field House is quickly drawing to a close. With the last game of the regular season scheduled for Oct. 12, teams are still jockeying for position. The Wildcats have everyone covered and are sure to be regular season champions with a perfect 6-0 record. Two teams are fighting for the runner-up spot, with MRB and MWR each having a 3-3 record. EOD has yet to win a game, though they've been close in several -losing several games by just one point. EOD still has a few chances to grab a victory before the end of the regular season. With the effort they give, as shown by newly promoted Sgt. Michael Cottorone, above, EOD could walk away with a couple of wins.



Ed Mingin

READY FOR ACTION -- The Fort Dix Peewees are back on the winning track. After losing two straight, the Peewees bounced back to beat New Egypt last weekend. The Peewees will host Hamilton East this Sunday.

"We had five turnovers. It was a very wet field and turnovers became a big factor in this game," said Middleton.

The coach tried to rally his team, and made some defensive adjustments to try to put a stop to the RV offense. Sometimes however things don't go as planned, and the changes didn't work the way the coach had intended.

"We made some adjustments on defense, and when we did, the other team made a two-touchdown lead on us in just two plays," he said.

Offensively, the Chargers moved the ball but couldn't reach the goal line.

"Our blue offense had the only touchdown," said Middleton.

"They moved the ball well, as our starting quarterback Tarel Grant got in the end zone, with Lasanna Brew running in for the extra point."

Even with the loss, there were plenty of positive things for the young Mitey-Mites to take from this game. Many players stepped up, making outstanding plays.

"We got some longer play out of Rahdazion Powell and Curtis Ford on defense, two of our smallest players, barely over 50 pounds each, and they tackled some guys twice their size. Andre Shorey, as outside linebacker, recovered a fumble in the third quarter," said Middleton.

"Little Jason Call, at 56 pounds, had a one-arm tackle on a kid pretty much twice his size in height and weight as he played outside linebacker."

The coach has a lot to look forward to from his young players as they continue along this season. Many had never played organized football before, and they show improvement every time they step on the field to take on a new opponent.

"I'm really proud of these kids, they're learning a lot and

getting better each week!" said Middleton.

The Midgets had a bye-week, and will be back in action this Sunday. Fort Dix will host

Hamilton West in the Mitey-Mite division, and Hamilton East in the Pee wee and Midget divisions.

First game starts at 11 a.m.



Ed Mingin

FIRED UP -- Brendan Galioto and the rest of the Mitey-Mites continue to show improvement every time they hit the field. The Mitey-Mites will be looking for their first win this season when they face Hamilton West this Sunday.

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